Study on Coronary Risk Factors Among Coloureds in the Cape Peninsula, 1982 (South Africa)

Steyn, M; Steyn, K; and, Langenhoven, M L

CODEBOOK
SADA 0010
Study on Coronary Risk Factors Among Coloureds in the Cape Peninsula, 1982

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Principal Investigator

Steyn, M; Steyn, K; and, Langenhoven, M L

1995

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STUDY DESCRIPTION

SADA STUDY NUMBER: 0010

TITLE: Study on Coronary Risk Factors Among Coloureds in the Cape Peninsula, 1982

PRINCIPAL INVESTIGATORS: Steyn, M; Steyn, K; and Langenhoven, M L.

ABSTRACT: This study was concerned with determining the communication media and the media preferences through which information in respect of preventing heart disease are obtained; attitudes towards healthy eating habits, stress control, physical exercise, combating smoking; knowledge regarding healthy eating habits; behaviour with regard to smoking, drinking, exercise, Type-A behaviour; and applying Rose's questionnaire to determine coronary pathology. It was an investigation of the Institute for Communication Research of the HSRC in co-operation with the National Institute for Nutritional Services of the Medical Research Council.

SAMPLING: Coloured men and women, 15 to 64 years old, in the Cape Peninsula: five age groups of about 100 men and women in each group. The sample was based on the enumerator sub-districts used by the Opinion Survey Centre. As a result of the quota principle in the stratified sampling there is a bias in respect of age in the investigation group. Each age group should therefore be treated separately when the data are processed. The return was 72% useable questionnaires. Before being finalised the questionnaires were tested in clinics on members of the same population from which the sample was drawn.

DATE OF RESEARCH: October 1982

EXTENT OF PROCESSING: rlay.sada

EXTENT OF COLLECTION: 1 data file in SPSS and machine-readable documentation and questionnaire.

- Number of cases: 976
- Number of records: 904
- Number of records per case: 4
- Logical record length: 80
- Number of variables: 197
- Number of kilobytes: 261 KB

PUBLICATIONS:

Steyn, M; Steyn, K; Langenhoven, M L; ‘n Gehooranalise met betrekking tot stedelike Kleurlinge se kennis van en houdings teenoor koronêre risikofaktore/ An audience analysis urban coloureds’ knowledge of and attitudes to coronary risk factors, Pretoria: RGN/HSRC, 1984 (Navorsingsbevinding/Report KOMM¶ N-95) [Original report is in Afrikaans.]


Steyn, K; Jooste, P L; Langenhoven, M L; Benade, A J 5; Rossouw, J E; Steyn, M; Jordaan, P C J; Parry, C D H; Coronary risk factors in the Coloured population of the Cape Peninsula, S.A. Medical Journal, April 1985: 619-625.

Steyn, M; et al.; The relationship between the coronary-prone behaviour (Type-A behaviour) and other coronary risk patterns in the Coloured population of the Cape Peninsula, S.A. Medical Journal, 70 (8), 11 Oct. 1986: 461-463.